

SAMPLE IVF CALENDAR

Natural Cycle - Lupron

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Menses: Cycle Day 1 Call office with start of menses	Cycle Day 2	Cycle Day 3 Possible blood tests	Cycle Day 4	Cycle Day 5	Cycle Day 6	Cycle Day 7
Cycle Day 8	Cycle Day 9	Cycle Day 10	Cycle Day 11	Cycle Day 12	Cycle Day 13	Cycle Day 14
Cycle Day 15	Cycle Day 16	Cycle Day 17	Cycle Day 18	Cycle Day 19	Cycle Day 20 PRESTART visit before starting Lupron Embryology Class Thursday evening	Cycle Day 21 START Lupron
Cycle Day 22 Lupron	Cycle Day 23 Lupron	Cycle Day 24 Lupron	Cycle Day 25 Lupron	Cycle Day 26 Lupron	Cycle Day 27 Lupron	Lupron Cycle Day 28
Lupron	Lupron	Lupron CALL with menses to schedule baseline sono, E2	Continue Lupron until cycle start day (Usually Sat.)			See page 2

* Print Day of Week of Cycle Day 1

E-2 – Estradiol
FSH – Follicle Stimulating HormoneHMG – Has both FSH and LH
HCG – Human Chorionic GonadotropinTVR - Retrieval
TVF – Transfer

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Lupron Continued	Lupron Continued	Lupron Continued	Lupron	Lupron Baseline Sono/E2	Lupron	Stim Day 1 DECREASE Lupron ½ START FSH/HMG
Stim Day 2 ½ Lupron FSH/HMG	Stim Day 3 ½ Lupron FSH/HMG E2	Stim Day 4 ½ Lupron FSH/HMG	Stim Day 5 ½ Lupron FSH/HMG E2	Stim Day 6 ½ Lupron FSH/HMG	Stim Day 7 ½ Lupron FSH/HMG Sono/E2 (Visits after this will vary on response to meds)	Stim Day 8 ½ Lupron FSH/HMG
Stim Day 9 ½ Lupron FSH/HMG	Stim Day 10 Possible HCG Possible: STOP Lupron in pm STOP FSH/HMG in pm	Stim Day 11	Stim Day 12 Possible TVR +/- 2 days	Start Progesterone in PM day after TVF	Progesterone	Progesterone
Progesterone	Progesterone Embryo Transfer +/- 2 days	Progesterone	Progesterone	Progesterone	Progesterone	Progesterone
Progesterone	Progesterone	Progesterone	Progesterone Pregnancy Test 14 days after TVR	Continue Progesterone if pregnancy test is positive	Repeat pregnancy test if initial test is positive	

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