

Reconstitution of Menopur

Supplies

75 IU Menopur Vials
 Diluent Vials
 3 cc syringes or monojet syringes
 Q caps
 ½" 30 gauge needles

AM Stim Med in Stomach
 Start on _____ in AM
 Mix ____ vial(s) with
 1cc of diluent.

Prepare a flat surface for the mixing of the medications.

Open the prescribed number of Menopur powders and 1 water (diluent) by pushing up on plastic caps.

Attach a Q-cap to the 3 cc syringe with a gentle rotating motion.

Draw up 1 mL air into the syringe.

Place Q-cap with syringe attached onto water vial.

Inject air into water vial.

Turn the vial upside down and pull back on the syringe plunger to withdraw 1 mL water.

Remove Q-cap and syringe together and place into rubber stopper of powder vial. Inject water into powder vial. The medicine powder will dissolve immediately. Do not shake.

Draw up ALL of the mixed medication. If using more than 1 vial of powder, inject mixture into additional powder vials and repeat process until prescribed number of vials are mixed with diluent. Try and draw up all the mixed medicine. If a small amount is left in vial, this will not affect your cycle.

Open short needle (30 g ½"). Carefully remove Q-cap from syringe and replace with short needle.

Slowly push up on plunger until a small bubble of medicine is at the end of needle.

Clean injection site with alcohol and administer injection in fatty tissue. You may ice area to numb before injection.

