

CETROTIDE INJECTION INSTRUCTIONS

1. Cetrotide is a medication that works by directly blocking the trigger effect of GnRH. This blocking action stops the premature LH surge in women undergoing controlled ovarian stimulation before they begin to lutenize. In doing so, this allows eggs to reach the level of maturation needed for retrieval. This prevents premature ovulation.
2. Cetrotide **SHOULD** be kept in the refrigerator.
3. You will be instructed on which day to begin Cetrotide. Cetrotide is usually started when there are two lead follicles greater than 12mm in diameter. Once you are instructed to begin, please administer nightly at 9pm until night of hcg.
4. Cetrotide needs to be reconstituted (mixed) prior to giving.
 - a. Prepare a flat surface for the mixing of the medications
 - b. Twist the yellow mixing needle onto the syringe and remove the needle cover.
 - c. Insert the needle of the pre-filled syringe straight down into the vial. Slowly inject the water into the vial and then gently swirl to dissolve the medication.
 - d. Turn the vial upside down and pull back on the syringe plunger to withdraw all medication from the vial.
 - e. Carefully recap yellow mixing needle and replace with short needle (27 g).
 - f. Slowly push up on plunger until a small bubble of medicine is at the end of needle.
5.
 - a. Choose an area between the navel and your bikini line at abdomen, or the top of thigh and cleanse with alcohol. Allow to air dry.
 - b. Slightly pinch up skin and hold firmly with one hand while holding the syringe with the other hand, like you are holding a dart. DO NOT place finger on plunger of syringe. In a quick motion, inject needle into skin, push all of the medicine in with the plunger and pull out quickly. Discard needles and syringe in a CLOSED plastic container and dispose of properly.

Cetrotide shot in tummy or upper thigh

Give nightly at 9pm once instructed to begin.
Do not give on night of trigger shot.

