

OIDREL INJECTION INSTRUCTIONS

1. Ovidrel, or hCG, is the medication that triggers ovulation before insemination or oocyte retrieval procedures are conducted.
2. This medication should be kept in the refrigerator until 30 minutes prior to usage.
3. This medication is calculated to be given approximately 36 hours prior to your retrieval or insemination. Please give at specified time.
4. Ovidrel comes in a PREFILLED syringe. NO mixing is needed. Get the air bubble out by holding the syringe upright and slowly depress plunger until a tiny bubble of medicine comes out of syringe.
 - a. Choose an area between the navel and your bikini line at abdomen, and cleanse with alcohol. Allow to air dry.
 - b. Slightly pinch up skin and hold firmly with one hand while holding the syringe with the other hand, like you are holding a dart. DO NOT place finger on plunger of syringe. In a quick motion, inject needle into skin, push all of the medicine in with the plunger and pull out quickly. Discard needles and syringe in a CLOSED plastic container and dispose of properly.

Trigger shot in tummy

Give at a SPECIFIC TIME.

No _____ Tonight

Do Lupron ____ units tonight, last shot.

